

# SAFETY FIRST

## BASIC SAFETY RULES

**1**

Make sure you are in an appropriate mental and physical condition when at work.

**2**

Make sure you are adequately trained before performing any activity.

**3**

Think about possible risks before starting any activity. Stop the work and seek your supervisor's advice if you notice an unforeseen or unacceptable risk.

**4**

Follow the procedures and never take short-cuts.

**5**

Wear the required PPE and never modify them.

**6**

Use a fall protection system when working at height.

**7**

Use correctly the appropriate tools and safety devices. Never modify or remove them.

**8**

Use lock-outs and de-energize the machinery before working on equipment or entering restricted areas.

**9**

Operate equipment and vehicles only if you hold the proper license and follow the traffic rules.

**10**

Maintain a safe distance from moving vehicles.

**11**

Never stand under or near a suspended load. When operating cranes, keep your eye on the load.

**12**

Report all accidents, incidents, near-misses and unsafe behavior / conditions.